

## Salads

### **Trio Cabbage Salad**

Purple & white cabbage, lettuce, purple onion, sweetened pecan & Craisins.

### **Cabbage Salad - white/purple**

Cabbage, scallions, sunflower & sesame seeds.

### **Nish Nosh Salad**

Lettuce, cherry tomatoes, purple onions & nish nosh.

### **Cesar Salad**

Lettuce, cherry tomatoes, croutons & purple onions.

### **Euro Salad**

Option #1 (Summer): lettuce, Mango, Craisin, Celery, purple onions & sweetened almonds.

Option #2 (Winter): lettuce, Apple, Pomegranate, clementine segments, Celery, purple onions & sweetened almonds.

### **Baby corn salad**

Lettuce, baby corn, Cherry tomatoes, mushrooms & onion.

### **Greek Salad**

Lettuce, olives, cherry tomatoes, and purple onions. (Cheese & sweet potato - optional).

### **Sprout salad**

Lettuce, radish, sprout, purple onion, peppers & mushrooms.

### **Israeli salad**

cucumbers, peppers, tomatoes & purple onions.

### **Pea salad with avocado**

Lettuce, mini peas, cucumbers, avocado, pomegranate/craisins.

### **Chickpea salad**

Lettuce, cherry tomatoes, chickpeas, onions & pickled cucumbers,

### **Marinated salad**

Peppers, baby corn, green beans, carrots & onion.

### **Grilled sweet potato salad**

Lettuce, cherry tomatoes, grilled sweet potatoes, purple onions & mushrooms

### **Green salad**

Lettuce, cucumbers, olives, pistachio nuts, avocado & scallions.

### **Pasta 'n sautéed vegs salad**

Pasta, sautéed peppers & onions.

### **Pasta 'n cabbage salad**

Pasta, cabbage, scallions, sesame seeds & almonds.

### **Sautéed Mushroom Salad**

Lettuce, Cherry tomatoes, Sautéed mushrooms, almonds, croutons.

### **Dill & Parsley Salad**

Cabbage, lettuce, cucumbers, cherry tomatoes, purple onion, fresh parsley & dill.

### **Carrot & Cabbage Salad**

Lettuce, cabbage, craisins, purple onion, and carrots.

### **Grilled beet salad**

Lettuce, grilled beets & grilled sweet potato, mushrooms, cherry tomatoes, onions.

### **Grilled veg salad**

Lettuce, grilled sweet potato, grilled peppers & onions, mushrooms, cherry tomatoes.



### **Salmon Salad**

Lettuce, pomegranate/craisins, croutons & cubed grilled salmon.

### **Broccoli Salad**

Broccoli, slivered almonds, Craisins & purple onions.

### **Fruit Salad & Strawberry Sauce**

A mix of fresh fruits & strawberry sauce with a sweetened nut crunch.

### **Guacamole**

avocado, tomato, cucumber & purple onion.

### **Chicken Salad**

lettuce, cabbage, cubed chicken, purple onion, mushrooms, sesame seeds & slivered almonds.

### **Quinoa salad**

Lettuce, Quinoa, Cherry tomatoes, Green beans, Grilled sweet potato & beets.

# Specialty salads



# Prices

## SALADS

### Standard salads:

(Small salads- for big quantities only)

S - (5 portions) ₪100/\$35/£25

M - (10+ ptns) ₪150/\$50/£40

L - (20+ ptns) ₪250/\$80/£60

### Specialty salads:

S - ₪150/\$50/£40

M - ₪250/\$80/£65

L - ₪350/\$110/£85

## INDIVIDUALS

### Individual fruits cups:

15 (3 colors) = ₪200/\$65/£50

28 (4 colors) = ₪350/\$110/£85

### Individual salads:

20 (standard) = ₪350/\$110/£85

20 (specialty) = ₪450/\$140/£110

## PLATTERS

### Decorated fruit platters:

S - 10" ₪150/\$50/£40

M - 12" ₪250/\$80/£60

L - 14" ₪350/\$110/£85

XL - 16" ₪450/\$140/£110

### Sliced - fruit platters:

S - 10" ₪150/\$50/£40

M - 12" ₪200/\$65/£50

L - 14" ₪250/\$80/£60

XL - 16" ₪350/\$110/£85

### Vegetable platters:

S - 10" ₪150/\$50/£40

M - 12" ₪200/\$65/£50

L - 14" ₪250/\$80/£60

XL - 16" ₪300/\$100/£75